

*Good morning, Gateway! Welcome to the Gateway Broadcast News (GBN). Today is Monday, May 12, 2025.*

*Please stand for the Pledge of Allegiance.*

*\_\_\_\_\_ Unmasking Mental Health is this week's theme: Masking is hiding or suppressing something about ourselves — emotions, personality traits, behaviors, or symptoms — from others. It's a coping mechanism used to stay safe or "fit in," and we may even do it without being aware of it. People mask for a lot of different reasons, including social acceptance, economic necessity and, sometimes, fear. Masking can be a helpful tool in our day-to-day lives — it can help people navigate social situations, feel safe, and maintain personal boundaries and privacy.*

*\_\_\_\_\_ Cell phones should be turned off and put away in your backpack during school hours. If a phone is out without permission, there will be consequences: a warning, confiscation, and a call home to parents, and more serious consequences on the second offense. Let's all make sure we're staying focused on what matters—our education!*

*\_\_\_\_\_ Looking to show off your support for PRIDE club and LGBTQ+ individuals? Now through May 16th, you can order a t-shirt or hoodie with the newly redesigned GMS PRIDE club logo. Hoodies have an additional sleeve design showing a full PRIDE flag. T-Shirts are \$22 and Hoodies are \$40. Orders and payment must be submitted to the main office by the end of school on Friday, May 16h.*

*\_\_\_\_\_ The following clubs meet today after school:*

- Chess & Board Games meets in the Commons.*
- Drama meets in room 313.*
- Fiber Arts meets in room B122.*
- Study club meets in the Library; sign up on the blue sheet in the Commons and include details of what you will be working on.*
- Remember to sign up for the Activity Bus on the list in the Commons by the end of 8<sup>th</sup> grade lunch if you need a ride home.*

*\_\_\_\_\_ Study club meets tomorrow after school. Please arrange transportation in advance.*

*\_\_\_\_\_ Fall Sports registration is open. If you are interested in Softball, Football, or Cross Country, make sure you have a current physical on file and check out the post on the website in the rotating gallery to sign up on FinalForms.*

*Remember, Students, to be kind and respectful – it's the GATEWay!*